

**Montag , 02.09**

<b>08:30 - 09:25</b> <i>Circuit Training</i> Angelina	<b>12:10 - 13:05</b> <i>Pilates</i> Brigitta	<b>13:30 - 14:25</b> <i>Rückenfit</i> Francesca Serena	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Diana Patricia	<b>20:00 - 20:55</b> <i>Yoga</i> Anya
---	--	--	--	---

**Dienstag , 03.09**

<b>09:00 - 09:55</b> <i>Pilates</i> Brigitta	<b>17:50 - 18:45</b> <i>Rückenfit</i> Angelina	<b>19:00 - 19:55</b> <i>Zumba</i> Sabrina	<b>20:10 - 21:05</b> <i>Pump</i> Karin
--	--	---	--

**Mittwoch , 04.09**

<b>08:30 - 09:25</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Karin	<b>09:30 - 10:25</b> <i>Yoga</i> Anya	<b>18:00 - 18:55</b> <i>Pilates</i> Francesca Serena
---	---	--

**Donnerstag , 05.09**

<b>09:00 - 09:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Marlene	<b>10:00 - 10:55</b> <i>Pilates</i> Marlene	<b>18:00 - 18:30</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sara	<b>18:45 - 19:15</b> <i>P.I.I.T</i> Sara
---	---	--	--

**Freitag , 06.09**

<b>10:00 - 10:55</b> <i>Rückenfit</i> Marlene	<b>17:30 - 18:25</b> <i>Upcon</i> Lena
---	--

**Samstag , 07.09**

<b>09:30 - 10:00</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sara	<b>10:15 - 11:45</b> <i>Yoga</i> Anya
--	---

**Sonntag , 08.09**

<b>09:15 - 10:10</b> <i>Yoga</i> Jasmin	<b>10:30 - 11:00</b> <i>P.I.I.T</i> Sara	<b>11:15 - 12:10</b> <i>Zumba</i> Margarita
---	--	---