

Montag , 27.01

09:10 - 10:05 <i>Pump</i> Lydia	10:10 - 10:40 <i>P.I.I.T</i> Lydia	18:00 - 18:30 <i>P.I.I.T</i> Rahel	18:40 - 19:35 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sara
--	---	---	--

Dienstag , 28.01

18:00 - 18:55 <i>Power Yoga</i> Manuela	19:05 - 19:35 <i>Stretching</i> Manuela
--	--

Mittwoch , 29.01

09:10 - 10:05 <i>Pump</i> Barbara	10:10 - 10:40 <i>Simply Core</i> Barbara
--	---

Donnerstag , 30.01

09:10 - 10:05 <i>Functional Workout</i> Sara	18:45 - 19:40 <i>Pump</i> Janine
---	---

Freitag , 31.01

10:15 - 11:10 <i>Pilates</i> Yvette
--

Samstag , 01.02

Sonntag , 02.02