

Montag , 30.12

09:10 - 10:05

Pump
Lydia

10:10 - 10:40

P.I.I.T
Lydia

18:00 - 18:30

P.I.I.T
Rahel

18:40 - 19:35

*BBP (Bauch, Beine,
Po) / Bodytone*
Sara

Dienstag , 31.12

09:10 - 10:05

Yoga Special
Nadine

Mittwoch , 01.01

Donnerstag , 02.01

09:10 - 10:05

Functional Workout
Sara

18:45 - 19:40

Pump
Janine

Freitag , 03.01

10:15 - 11:10

Pilates
Yvette

Samstag , 04.01

Sonntag , 05.01

09:10 - 10:05

Yoga
Nadine