

Montag , 23.12

09:10 - 10:05

Pump
Sandra

10:10 - 10:40

P.I.I.T
Sandra

18:00 - 18:30

P.I.I.T
Rahel

18:40 - 19:35

*BBP (Bauch, Beine,
Po) / Bodytone*
Sara

Dienstag , 24.12

Mittwoch , 25.12

09:10 - 10:05

Pump Special
Sandra

Donnerstag , 26.12

Freitag , 27.12

10:15 - 11:10

Pilates
Yvette

Samstag , 28.12

Sonntag , 29.12

09:10 - 10:05

Yoga
Nadine