

Montag , 06.05

09:10 - 10:05

Pump
Lydia

10:10 - 10:40

P.I.I.T
Lydia

18:00 - 18:30

P.I.I.T
Rahel

18:40 - 19:35

*BBP (Bauch, Beine,
Po) / Bodytone*
Sara

Dienstag , 07.05

18:00 - 18:55

Power Yoga
Manuela

Mittwoch , 08.05

09:10 - 10:05

Pump
Barbara

10:10 - 10:40

Simply Core
Barbara

18:30 - 19:25

*BBP (Bauch, Beine,
Po) / Bodytone*
Monika

19:35 - 20:30

Pilates
Monika

Donnerstag , 09.05

Freitag , 10.05

10:15 - 11:10

Pilates
Yvette

Samstag , 11.05

Sonntag , 12.05

09:10 - 10:05

Pump
Barbara