

### Montag , 05.02

#### 09:10 - 10:05

*Pump i.t.*  
Lydia

#### 10:10 - 10:40

*P.I.I.T*  
Lydia

#### 18:00 - 18:30

*P.I.I.T*  
Rahel

#### 18:40 - 19:35

*BBP (Bauch, Beine, Po) / Bodytone*  
Sara

### Dienstag , 06.02

#### 18:00 - 18:55

*Power Yoga*  
Manuela

### Mittwoch , 07.02

#### 09:10 - 10:05

*Pump*  
Barbara

#### 10:10 - 10:40

*Simply Core*  
Barbara

#### 18:30 - 19:25

*BBP (Bauch, Beine, Po) / Bodytone*  
Monika

#### 19:35 - 20:30

*Pilates*  
Monika

### Donnerstag , 08.02

#### 09:10 - 10:05

*Functional Workout*  
Sara

#### 18:45 - 19:40

*Pump*  
Janine

### Freitag , 09.02

#### 10:15 - 11:10

*Pilates*  
Yvette

### Samstag , 10.02

### Sonntag , 11.02

#### 09:10 - 10:05

*BBP (Bauch, Beine, Po) / Bodytone*  
Monika