

Montag , 02.10

09:10 - 09:40

Pump i.t.
Lydia

09:45 - 10:15

P.I.I.T
Lydia

18:00 - 18:55

Pump
Lydia

Dienstag , 03.10

18:00 - 18:55

Power Yoga
Manuela

Mittwoch , 04.10

09:10 - 10:05

Pump
Barbara

10:10 - 10:40

Simply Core
Barbara

19:00 - 19:55

Pump
Lydia

Donnerstag , 05.10

09:10 - 10:05

Functional Workout
Barbara

18:30 - 19:25

Upcon
Sophie

19:35 - 20:30

Pilates
Manuela

Freitag , 06.10

10:15 - 11:10

Pilates
Yvette

Samstag , 07.10

Sonntag , 08.10

09:10 - 10:05

Pump
Janine