

Montag , 23.12

09:00 - 09:55

Pump
Sandy

19:00 - 19:55

Fitboxe
Sandy

20:15 - 21:10

Power Yoga
Liliya

Dienstag , 24.12

Mittwoch , 25.12

Donnerstag , 26.12

Freitag , 27.12

09:00 - 09:55

Yoga
Lisa

10:05 - 11:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Jasmin

Samstag , 28.12

09:00 - 09:55

Yoga
Annemie

10:15 - 11:10

Fitboxe
Sandy

Sonntag , 29.12

09:20 - 10:15

Zumba
Marion

10:30 - 11:25

Pump
Sandy