

Montag , 15.07

09:00 - 09:55 <i>Pump</i> Michelle	19:00 - 19:55 <i>Fitboxe</i> Sandy	20:15 - 21:10 <i>Power Yoga</i> Franziska
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Dienstag , 16.07

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Alexandra	10:10 - 11:05 <i>Pilates</i> Sarah	18:15 - 19:10 <i>Pump</i> Sandy
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Mittwoch , 17.07

09:30 - 10:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Andrea	17:55 - 18:50 <i>Zumba</i> Marion	19:05 - 20:00 <i>Fitboxe</i> Sandy	20:05 - 21:00 <i>Deep Stretch</i> Nadine
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Donnerstag , 18.07

09:10 - 10:05 <i>Rückengymnastik</i> Olivia	18:00 - 18:55 <i>Pump</i> Katja	19:05 - 20:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Arlette
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Freitag , 19.07

09:05 - 10:00 <i>Yoga</i> Lisa

Samstag , 20.07

09:00 - 09:55 <i>Yoga</i> Michaela	10:15 - 11:10 <i>Fitboxe</i> Arlette
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Sonntag , 21.07

10:30 - 11:25 <i>Pump</i> Marlis
