

**Montag , 18.09**

<b>08:30 - 09:25</b> Yoga Michaela	<b>09:30 - 10:25</b> Pump Adriana	<b>19:00 - 19:55</b> Fitboxe Arlette	<b>20:05 - 21:00</b> Power Yoga Liliya
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**Dienstag , 19.09**

<b>09:00 - 09:55</b> Pump Monika	<b>10:10 - 11:05</b> Pilates Sarah	<b>12:15 - 12:45</b> P.I.I.T Monika	<b>18:15 - 19:10</b> Pump Sarah	<b>19:15 - 20:10</b> Dance Step Christina
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**Mittwoch , 20.09**

<b>09:30 - 10:25</b> BBP (Bauch, Beine, Po) / Bodytone Gabriela	<b>17:55 - 18:50</b> Zumba Uriel	<b>19:05 - 20:00</b> Fitboxe Alina
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**Donnerstag , 21.09**

<b>09:10 - 10:05</b> Rückengymnastik Olivia	<b>12:15 - 12:45</b> P.I.I.T Janina	<b>18:00 - 18:55</b> Pump Monika	<b>19:05 - 20:00</b> BBP (Bauch, Beine, Po) / Bodytone Arlette
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**Freitag , 22.09**

<b>09:05 - 10:00</b> Yoga Lisa	<b>10:15 - 11:10</b> BBP (Bauch, Beine, Po) / Bodytone Jasmin
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**Samstag , 23.09**

<b>09:00 - 09:55</b> Yoga Annemie	<b>10:15 - 11:10</b> Fitboxe Nicole
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**Sonntag , 24.09**

<b>09:20 - 10:15</b> Zumba Petra	<b>10:30 - 11:25</b> Pump Sarah
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