

Montag , 28.08

08:30 - 09:25 Yoga Michaela	09:30 - 10:25 Pump Adriana	19:00 - 19:55 Fitboxe Sandy	20:05 - 21:00 Power Yoga Dinah
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Dienstag , 29.08

09:00 - 09:55 Pump Adriana	10:10 - 11:05 Pilates Sarah	18:15 - 19:10 Pump Sarah	19:15 - 20:10 Dance Step Christina
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Mittwoch , 30.08

09:30 - 10:25 BBP (Bauch, Beine, Po) / Bodytone Gabriela	17:55 - 18:50 Zumba Olivia	19:05 - 20:00 Fitboxe Alina
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Donnerstag , 31.08

09:10 - 10:05 Rückengymnastik Olivia	12:15 - 12:45 P.I.I.T Janina	18:00 - 18:55 Pump Ajla	19:05 - 20:00 BBP (Bauch, Beine, Po) / Bodytone Arlette
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Freitag , 01.09

09:05 - 10:00 Yoga Lisa	10:15 - 11:10 BBP (Bauch, Beine, Po) / Bodytone Jasmin
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Samstag , 02.09

09:00 - 09:55 Yoga Annemie	10:15 - 11:10 Fitboxe Sandy
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Sonntag , 03.09

09:20 - 10:15 Zumba Petra	10:30 - 11:25 Pump Sarah
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