

Montag , 31.07

Dienstag , 01.08

10:00 - 10:55

Pump Special
Sarah

Mittwoch , 02.08

09:30 - 10:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Severine

17:55 - 18:50

Zumba
Marion

19:05 - 20:00

Fitboxe
Alina

Donnerstag , 03.08

09:10 - 10:05

Rückengymnastik
Olivia

18:00 - 18:55

Pump
Monika

19:05 - 20:00

Fitboxe
Alina

19:05 - 20:00

Fitboxe
Alina

Freitag , 04.08

09:05 - 10:00

Yoga
Liliya

10:15 - 11:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Jasmin

Samstag , 05.08

09:00 - 09:55

Yoga
Annemie

10:15 - 11:10

Fitboxe
Sandra

Sonntag , 06.08

10:30 - 11:25

Pump
Sarah