

Montag , 24.07

08:30 - 09:25 <i>Yoga</i> Franziska	09:30 - 10:25 <i>Pump</i> Vasiliki	19:00 - 19:55 <i>Fitboxe</i> Sandra	20:05 - 21:00 <i>Power Yoga</i> Nina
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Dienstag , 25.07

09:00 - 09:55 <i>Pump</i> Monika	10:10 - 11:05 <i>Pilates</i> Sarah	18:15 - 19:10 <i>Pump</i> Sarah
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Mittwoch , 26.07

09:30 - 10:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Andrea	17:55 - 18:50 <i>Zumba</i> Marion	19:05 - 20:00 <i>Fitboxe</i> Sandra
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Donnerstag , 27.07

09:10 - 10:05 <i>Rückengymnastik</i> Sarah	18:00 - 18:55 <i>Pump</i> Monika
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Freitag , 28.07

09:05 - 10:00 <i>Yoga</i> Katja	10:15 - 11:10 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Katja
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Samstag , 29.07

09:00 - 09:55 <i>Yoga</i> Annemie	10:15 - 11:10 <i>Fitboxe</i> Sandra
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Sonntag , 30.07

10:30 - 11:25 <i>Pump</i> Sarah
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