

Montag , 10.07

08:30 - 09:25 <i>Yoga</i> Michaela	09:30 - 10:25 <i>Pump</i> Adriana	19:00 - 19:55 <i>Fitboxe</i> Sandra	20:05 - 21:00 <i>Power Yoga</i> Nina
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Dienstag , 11.07

09:00 - 09:55 <i>Pump</i> Monika	10:10 - 11:05 <i>Pilates</i> Sarah	18:15 - 19:10 <i>Pump</i> Sarah	19:15 - 20:10 <i>Dance Step</i> Christina
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Mittwoch , 12.07

09:30 - 10:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Severine	17:55 - 18:50 <i>Zumba</i> Marion	19:05 - 20:00 <i>Fitboxe</i> Alina
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Donnerstag , 13.07

09:10 - 10:05 <i>Rückengymnastik</i> Olivia	18:00 - 18:55 <i>Pump</i> Monika	19:05 - 20:00 <i>Fighttime 55'</i> Arlette
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Freitag , 14.07

10:15 - 11:10 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jasmin
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Samstag , 15.07

09:00 - 09:55 <i>Yoga</i> Annemie	10:15 - 11:10 <i>Fitboxe</i> Nicole
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Sonntag , 16.07

10:30 - 11:25 <i>Pump</i> Monika
