

### Montag , 29.05

**10:30 - 11:25**

*Fitboxe Special*  
Sandra

### Dienstag , 30.05

**09:00 - 09:55**

*Pump*  
Monika

**10:10 - 11:05**

*Pilates*  
Sarah

**12:15 - 12:45**

*P.I.I.T*  
Monika

**18:15 - 19:10**

*Pump*  
Sarah

**19:15 - 20:10**

*Dance Step*  
Christina

### Mittwoch , 31.05

**08:30 - 09:25**

*Zumba*  
Petra

**09:30 - 10:25**

*BBP (Bauch, Beine, Po) / Bodytone*  
Severine

**17:55 - 18:50**

*Zumba*  
Marion

**19:05 - 20:00**

*Fitboxe*  
Alina

### Donnerstag , 01.06

**09:10 - 10:05**

*Rückengymnastik*  
Olivia

**12:15 - 12:45**

*P.I.I.T*  
Janina

**18:00 - 18:55**

*Pump*  
Monika

**19:05 - 20:00**

*Fighttime 55'*  
Arlette

### Freitag , 02.06

**09:05 - 10:00**

*Yoga*  
Lisa

**10:15 - 11:10**

*BBP (Bauch, Beine, Po) / Bodytone*  
Jasmin

### Samstag , 03.06

**09:00 - 09:55**

*Yoga*  
Annemie

**10:15 - 11:10**

*Fitboxe*  
Sandra

### Sonntag , 04.06

**09:20 - 10:15**

*Zumba*  
Petra

**10:30 - 11:25**

*Pump*  
Sarah