

### Montag , 04.11

#### 08:40 - 09:10

*P.I.I.T*  
Fabienne

#### 09:10 - 10:05

*BBP (Bauch, Beine, Po) / Bodytone*  
Fabienne

#### 18:00 - 18:55

*Power Yoga*  
Giobana

#### 19:05 - 20:00

*Fitboxe*  
Daniela

### Dienstag , 05.11

#### 19:15 - 20:10

*Pilates*  
Giobana

### Mittwoch , 06.11

#### 18:00 - 18:55

*Zumba*  
Katarzyna

#### 19:15 - 20:10

*Pump*  
Daniela

### Donnerstag , 07.11

#### 09:15 - 10:10

*Pilates*  
Giobana

#### 18:30 - 18:55

*P.I.I.T*  
Fabienne

#### 19:00 - 19:55

*BBP (Bauch, Beine, Po) / Bodytone*  
Fabienne

### Freitag , 08.11

#### 09:15 - 10:10

*Yoga*  
Giobana

#### 18:15 - 19:10

*Fitboxe*  
Daniela

### Samstag , 09.11

#### 09:15 - 10:10

*BBP (Bauch, Beine, Po) / Bodytone*  
Pam

### Sonntag , 10.11