

Montag , 14.04

09:10 - 10:05

Pilates
Barbara

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Yvonne

Dienstag , 15.04

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Camille

Mittwoch , 16.04

09:10 - 10:05

Yoga
Nicole

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Donnerstag , 17.04

18:30 - 19:25

Full Body Workout
Katrin

19:30 - 20:25

Power Yoga
Katrin

Freitag , 18.04

Samstag , 19.04

Sonntag , 20.04