

### Montag , 13.01

**09:10 - 10:05**

*Pilates*  
Barbara

**18:15 - 19:00**

*Step Aerobic*  
Dario

**19:15 - 20:10**

*Pump*  
Yvonne

### Dienstag , 14.01

**09:10 - 10:05**

*Power Yoga*  
Alla

**18:00 - 18:55**

*Power Yoga*  
Camille

### Mittwoch , 15.01

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Dario

### Donnerstag , 16.01

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Silvana

**18:15 - 19:10**

*Pump*  
Noy

**19:30 - 20:25**

*BodyART International*  
Noy

### Freitag , 17.01

### Samstag , 18.01

### Sonntag , 19.01

**09:30 - 10:25**

*Power Yoga*  
Camille