

Montag , 30.12

09:10 - 10:05

Pilates
Barbara

18:15 - 19:10

Step Aerobic
Marion

19:15 - 20:10

Pump
Marion

Dienstag , 31.12

09:10 - 10:05

Power Yoga
Alla

Mittwoch , 01.01

Donnerstag , 02.01

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

Freitag , 03.01

Samstag , 04.01

Sonntag , 05.01

09:30 - 10:25

Power Yoga
Camille