

Montag , 04.11

09:10 - 10:05

Pilates
Barbara

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Yvonne

Dienstag , 05.11

09:10 - 10:05

Rückengymnastik
Esther

18:00 - 18:55

Power Yoga
Camille

Mittwoch , 06.11

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Donnerstag , 07.11

18:30 - 19:25

Pump
Noy

19:30 - 20:25

BodyART International
Noy

Freitag , 08.11

Samstag , 09.11

Sonntag , 10.11

09:30 - 10:25

Power Yoga
Kamala