

**Montag , 28.10**

**09:10 - 10:05**

*Pilates*  
Barbara

**18:15 - 19:00**

*Step Aerobic*  
Dario

**19:15 - 20:10**

*Pump*  
Yvonne

**Dienstag , 29.10**

**09:10 - 10:05**

*Power Yoga*  
Alla

**18:00 - 18:55**

*Power Yoga*  
Camille

**Mittwoch , 30.10**

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Dario

**Donnerstag , 31.10**

**Freitag , 01.11**

**Samstag , 02.11**

**Sonntag , 03.11**

**09:30 - 10:25**

*Power Yoga*  
Camille