

**Montag , 14.10**

**09:10 - 10:05**

*Pilates*  
Barbara

**18:15 - 19:00**

*Step Aerobic*  
Dario

**19:15 - 20:10**

*Pump*  
Yvonne

**Dienstag , 15.10**

**09:10 - 10:05**

*Power Yoga*  
Alla

**18:00 - 18:55**

*Power Yoga*  
Katrin

**Mittwoch , 16.10**

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Dario

**Donnerstag , 17.10**

**18:30 - 19:25**

*Pump*  
Noy

**19:30 - 20:25**

*BodyART International*  
Noy

**Freitag , 18.10**

**Samstag , 19.10**

**Sonntag , 20.10**