

### Montag , 05.02

**09:10 - 10:05**

*Pilates*  
Barbara

**18:15 - 19:00**

*Step Aerobic*  
Noy

**19:15 - 20:10**

*Pump*  
Yvonne

### Dienstag , 06.02

**09:10 - 10:05**

*Power Yoga*  
Alla

**18:00 - 18:55**

*Power Yoga*  
Alla

### Mittwoch , 07.02

**12:15 - 12:15**

*Upcon*  
Bettina

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Michael

### Donnerstag , 08.02

**19:20 - 20:15**

*Power Yoga*  
Ines

### Freitag , 09.02

### Samstag , 10.02

### Sonntag , 11.02

**09:30 - 10:25**

*Power Yoga*  
Camille