

**Montag , 06.11**

**09:10 - 10:05**

*Yoga*  
Chiara

**18:15 - 19:00**

*Step Aerobic*  
Dario

**19:15 - 20:10**

*Pump*  
Noy

**Dienstag , 07.11**

**09:10 - 10:05**

*Power Yoga*  
Alla

**18:00 - 18:55**

*Power Yoga*  
Katrin

**Mittwoch , 08.11**

**12:15 - 12:45**

*Upcon*  
Debi

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Dario

**Donnerstag , 09.11**

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Silvana

**18:15 - 19:10**

*Pump*  
Silvana

**19:20 - 20:15**

*Power Yoga*  
Silvana

**Freitag , 10.11**

**Samstag , 11.11**

**Sonntag , 12.11**