

Montag , 04.09

**09:10 - 10:05**

*Pilates*  
Barbara

**12:15 - 12:45**

*Pump i.t.*  
Yvonne

**19:15 - 20:10**

*Pump*  
Yvonne

Dienstag , 05.09

**09:10 - 10:05**

*Power Yoga*  
Alla

**18:00 - 18:55**

*Power Yoga*  
Camille

Mittwoch , 06.09

**12:15 - 12:45**

*Upcon*  
Bettina

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Dario

Donnerstag , 07.09

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Yvonne

**18:15 - 19:10**

*Pump*  
Tanja

**19:20 - 20:15**

*Power Yoga*  
Chiara

Freitag , 08.09

Samstag , 09.09

**09:10 - 10:05**

*Upcon*  
Bettina

Sonntag , 10.09