

**Montag , 17.04**

**09:10 - 10:05**

*Pilates*  
Bernadette

**18:00 - 18:55**

*Zumba*  
Team

**19:15 - 20:10**

*Pump*  
Marion

**Dienstag , 18.04**

**09:10 - 10:05**

*Power Yoga*  
Alla

**12:15 - 12:45**

*Simply Core*  
Michael

**18:00 - 18:55**

*Power Yoga*  
Camille

**Mittwoch , 19.04**

**12:15 - 12:45**

*Upcon*  
Michael

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Bärbel

**Donnerstag , 20.04**

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Silvana

**18:15 - 19:10**

*Pump*  
Silvana

**19:20 - 20:15**

*Power Yoga*  
Silvana

**Freitag , 21.04**

**Samstag , 22.04**

**09:10 - 10:05**

*Upcon*  
Michael

**Sonntag , 23.04**