

Montag , 10.04

Dienstag , 11.04

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Power Yoga
Camille

Mittwoch , 12.04

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Michael

Donnerstag , 13.04

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:15 - 19:10

Pump
Tanja

19:20 - 20:15

Power Yoga
Silvana

Freitag , 14.04

Samstag , 15.04

09:10 - 10:05

Upcon
Bettina

Sonntag , 16.04