

Montag , 13.03

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Petra

19:15 - 20:10

Pump
Tanja

Dienstag , 14.03

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Power Yoga
Katrin

Mittwoch , 15.03

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Donnerstag , 16.03

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Renate

18:15 - 19:10

Pump
Maja

19:20 - 20:15

Power Yoga
Esther

Freitag , 17.03

Samstag , 18.03

09:10 - 10:05

Upcon
Bettina

Sonntag , 19.03