

Montag , 27.02

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Petra

19:15 - 20:10

Pump
Tanja

Dienstag , 28.02

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Power Yoga
Katrin

Mittwoch , 01.03

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Donnerstag , 02.03

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Team

18:15 - 19:10

Pump
Dario

19:20 - 20:15

Power Yoga
Esther

Freitag , 03.03

Samstag , 04.03

09:10 - 10:05

Upcon
Bettina

Sonntag , 05.03