

Montag , 09.01

08:45 - 09:40

Pilates
Alla

18:00 - 18:55

Zumba
Petra

19:15 - 20:10

Pump
Tanja

Dienstag , 10.01

09:10 - 10:05

Power Yoga
Bernadette

12:15 - 12:45

Simply Core
Silvana

18:00 - 18:55

Power Yoga
Camille

Mittwoch , 11.01

12:15 - 12:45

Upcon
Dario

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Donnerstag , 12.01

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Team

18:15 - 19:10

Pump
Silvana

19:20 - 20:15

Power Yoga
Silvana

Freitag , 13.01

Samstag , 14.01

09:10 - 10:05

Upcon
Bettina

Sonntag , 15.01