

Montag , 26.12

Dienstag , 27.12

**09:10 - 10:05**

*Power Yoga*  
Bernadette

**18:00 - 18:55**

*Power Yoga*  
Barbara

Mittwoch , 28.12

**12:15 - 12:45**

*Upcon*  
Bettina

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Atila

Donnerstag , 29.12

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Silvana

**18:15 - 19:10**

*Pump*  
Silvana

**19:20 - 20:15**

*Power Yoga*  
Silvana

Freitag , 30.12

Samstag , 31.12

Sonntag , 01.01