

Montag , 19.12

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Petra

19:15 - 20:10

Pump
Tanja

Dienstag , 20.12

09:10 - 10:05

Power Yoga
Bernadette

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Power Yoga
Camille

Mittwoch , 21.12

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Atila

Donnerstag , 22.12

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:15 - 19:10

Pump
Silvana

19:20 - 20:15

Power Yoga
Silvana

Freitag , 23.12

Samstag , 24.12

Sonntag , 25.12