

Montag , 12.12

09:10 - 10:05 <i>Pilates</i> Barbara	18:00 - 18:55 <i>Zumba</i> Petra	19:15 - 20:10 <i>Pump</i> Tanja
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Dienstag , 13.12

09:10 - 10:05 <i>Power Yoga</i> Bernadette	12:15 - 12:45 <i>Simply Core</i> Bettina	18:00 - 18:55 <i>Power Yoga</i> Barbara
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Mittwoch , 14.12

12:15 - 12:45 <i>Upcon</i> Bettina	19:00 - 19:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Dario
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Donnerstag , 15.12

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Silvana	18:15 - 19:10 <i>Pump</i> Silvana	19:20 - 20:15 <i>Power Yoga</i> Silvana
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Freitag , 16.12

Samstag , 17.12

09:10 - 10:05 <i>Upcon</i> Bettina

Sonntag , 18.12

10:00 - 10:55 <i>Pilates</i> Bernadette
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