

Montag , 21.11

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Petra

19:15 - 20:10

Pump
Tanja

Dienstag , 22.11

09:10 - 10:05

Power Yoga
Bernadette

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Pilates
Barbara

Mittwoch , 23.11

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Donnerstag , 24.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:15 - 19:10

Pump
Ramona

19:15 - 20:10

Power Yoga
Silvana

Freitag , 25.11

Samstag , 26.11

09:10 - 10:05

Upcon
Bettina

Sonntag , 27.11

10:00 - 10:55

Power Yoga
Camille