

Montag , 14.11

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Petra

19:15 - 20:10

Pump
Tanja

Dienstag , 15.11

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Dario

18:00 - 18:55

Pilates
Barbara

Mittwoch , 16.11

12:15 - 12:45

Upcon
Dario

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Donnerstag , 17.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:15 - 19:10

Pump
Ramona

19:15 - 20:10

Power Yoga
Silvana

Freitag , 18.11

Samstag , 19.11

09:10 - 10:05

Upcon
Dario

Sonntag , 20.11