

Montag , 07.11

09:10 - 10:05

Power Yoga
Camille

18:00 - 18:55

Zumba
Team

19:15 - 20:10

Pump
Tanja

Dienstag , 08.11

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Dario

18:00 - 18:55

Power Yoga
Camille

Mittwoch , 09.11

12:15 - 12:45

Upcon
Dario

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Donnerstag , 10.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:15 - 19:10

Pump
Ramona

19:15 - 20:10

Power Yoga
Silvana

Freitag , 11.11

Samstag , 12.11

09:10 - 10:05

Upcon
Dario

Sonntag , 13.11