

Montag , 31.10

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Lorianne

19:15 - 20:10

Pump
Tanja

Dienstag , 01.11

09:10 - 10:05

Power Yoga
Bernadette

18:00 - 18:55

Pilates
Barbara

Mittwoch , 02.11

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Donnerstag , 03.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:15 - 19:10

Pump
Ramona

19:15 - 20:10

Power Yoga
Silvana

Freitag , 04.11

Samstag , 05.11

09:10 - 10:05

Upcon
Dario

Sonntag , 06.11