

### Montag , 30.12

<b>17:30 - 18:25</b> <i>Pilates</i> Caroline	<b>18:45 - 19:40</b> <i>Step'n Tone</i> Sandra	<b>19:45 - 20:40</b> <i>Functional Workout</i> Johana
--	--	---

### Dienstag , 31.12

<b>08:30 - 09:25</b> <i>Functional Yoga</i> Johana	<b>18:45 - 19:40</b> <i>Toning / Pilates</i> Caroline	<b>19:45 - 20:40</b> <i>Dance Aerobic / Dance Mix</i> Johana
--	---	--

### Mittwoch , 01.01

<b>10:05 - 11:00</b> <i>Pilates</i> Caroline	<b>18:45 - 19:40</b> <i>Pump</i> Martina	<b>20:00 - 20:55</b> <i>Deep Stretch</i> Andreina
--	--	---

### Donnerstag , 02.01

<b>18:45 - 19:40</b> <i>Yoga</i> Lisa	<b>19:45 - 20:40</b> <i>Upcon</i> Johana
---	--

### Freitag , 03.01

### Samstag , 04.01

### Sonntag , 05.01