

Montag , 04.11

17:30 - 18:25

Pilates
Caroline

18:45 - 19:40

Step'n Tone
Sandra

Dienstag , 05.11

18:45 - 19:40

Toning / Pilates
Caroline

Mittwoch , 06.11

10:00 - 10:55

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Donnerstag , 07.11

18:45 - 19:40

Yoga
Lisa

Freitag , 08.11

Samstag , 09.11

Sonntag , 10.11