

Montag , 01.07

16:15 - 17:10

Pilates
Caroline

19:45 - 20:40

Functional Workout
Johana

Dienstag , 02.07

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

19:45 - 20:40

Dance Aerobic / Dance Mix
Johana

Mittwoch , 03.07

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Donnerstag , 04.07

18:45 - 19:40

Yoga
Renata

19:45 - 20:40

Upcon
Johana

Freitag , 05.07

Samstag , 06.07

Sonntag , 07.07