

Montag , 03.06

16:15 - 17:10

Pilates
Caroline

19:45 - 20:40

Functional Workout
Johana

Dienstag , 04.06

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

19:45 - 20:40

Dance Aerobic / Dance Mix
Johana

Mittwoch , 05.06

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Lisa

Donnerstag , 06.06

18:45 - 19:40

Yoga
Lisa

19:45 - 20:40

Upcon
Johana

Freitag , 07.06

Samstag , 08.06

Sonntag , 09.06