

**Montag , 29.04**

**16:15 - 17:10**

*Pilates*  
Caroline

**19:45 - 20:40**

*Functional Workout*  
Johana

**Dienstag , 30.04**

**08:30 - 09:25**

*Functional Yoga*  
Johana

**18:45 - 19:40**

*Toning / Pilates*  
Caroline

**19:45 - 20:40**

*Dance Aerobic / Dance Mix*  
Johana

**Mittwoch , 01.05**

**10:05 - 11:00**

*Pilates*  
Caroline

**18:45 - 19:40**

*Pump*  
Martina

**20:00 - 20:55**

*Deep Stretch*  
Lisa

**Donnerstag , 02.05**

**18:45 - 19:40**

*Yoga*  
Lisa

**Freitag , 03.05**

**Samstag , 04.05**

**Sonntag , 05.05**