

Montag , 01.04

Dienstag , 02.04

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

19:45 - 20:40

Dance Aerobic / Dance Mix
Johana

Mittwoch , 03.04

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Nina

Donnerstag , 04.04

18:45 - 19:40

Yoga
Renata

19:45 - 20:40

Upcon
Johana

Freitag , 05.04

09:45 - 10:40

Functional Workout
Johana

Samstag , 06.04

Sonntag , 07.04