

Montag , 27.11

16:15 - 17:10

Pilates
Caroline

19:45 - 20:40

Functional Workout
Johana

Dienstag , 28.11

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

19:45 - 20:40

Dance Aerobic / Dance Mix
Johana

Mittwoch , 29.11

10:05 - 11:00

Pilates
Caroline

20:00 - 20:55

Deep Stretch
Andreina

Donnerstag , 30.11

18:45 - 19:40

Yoga
Nina

19:45 - 20:40

Upcon
Johana

Freitag , 01.12

09:45 - 10:40

Functional Workout
Johana

Samstag , 02.12

Sonntag , 03.12