

Montag , 13.11

19:45 - 20:40

Functional Workout
Johana

Dienstag , 14.11

08:30 - 09:25

Functional Yoga
Johana

19:45 - 20:40

Dance Aerobic / Dance Mix
Johana

Mittwoch , 15.11

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Donnerstag , 16.11

18:45 - 19:40

Yoga
Johana

19:45 - 20:40

Upcon
Johana

Freitag , 17.11

07:00 - 07:55

Yoga
Andreina

09:45 - 10:40

Functional Workout
Johana

Samstag , 18.11

Sonntag , 19.11