

Montag , 23.10

16:15 - 17:10

Pilates
Caroline

Dienstag , 24.10

08:30 - 09:25

Functional Yoga
Bernadette

18:45 - 19:40

Toning / Pilates
Caroline

Mittwoch , 25.10

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Donnerstag , 26.10

Freitag , 27.10

07:00 - 07:55

Yoga
Andreina

Samstag , 28.10

Sonntag , 29.10