

Montag , 22.05

19:45 - 20:40

Functional Workout
Johana

Dienstag , 23.05

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

19:45 - 20:40

Dance Aerobic / Dance Mix
Johana

Mittwoch , 24.05

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Donnerstag , 25.05

Freitag , 26.05

07:00 - 07:55

Yoga
Andreina

Samstag , 27.05

Sonntag , 28.05