

Montag , 10.04

Dienstag , 11.04

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

19:45 - 20:40

Dance Aerobic / Dance Mix
Johana

Mittwoch , 12.04

10:05 - 11:00

Pilates
Caroline

20:00 - 20:55

Deep Stretch
Andreina

Donnerstag , 13.04

18:30 - 19:25

Yoga
Nina

Freitag , 14.04

07:00 - 07:55

Yoga
Andreina

Samstag , 15.04

Sonntag , 16.04