

Montag , 29.07

09:00 - 09:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Alexandra

10:00 - 10:55

Yoga
Alexandra

12:15 - 12:45

P.I.I.T
Linda

18:00 - 18:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Claudia

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Power Yoga
Beatrice

Dienstag , 30.07

09:00 - 09:55

Zumba Gold
Petra

10:00 - 10:55

Power Yoga
Liliya

17:25 - 17:55

P.I.I.T
Angela

18:00 - 18:55

Kick Power
Angela

19:00 - 19:55

Pump
Sandra

Mittwoch , 31.07

10:15 - 11:10

Rückengymnastik
Alexandra

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Katja

Donnerstag , 01.08

Freitag , 02.08

09:00 - 09:55

Rückengymnastik
Nicola

10:00 - 10:55

Yoga
Asal

12:05 - 13:00

Pump
Katja

19:00 - 19:55

Pilates
Nicola

Samstag , 03.08

09:30 - 10:25

Yoga
Alexandra

Sonntag , 04.08

09:30 - 10:25

Pump
Nicole