

Montag , 22.07

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Linda	10:00 - 10:55 <i>Yoga</i> Beatrice	12:15 - 12:45 <i>P.I.I.T</i> Linda	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Claudia	19:00 - 19:55 <i>Zumba</i> Adina	20:00 - 20:55 <i>Power Yoga</i> Beatrice
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Dienstag , 23.07

09:00 - 09:55 <i>Zumba Gold</i> Petra	10:00 - 10:55 <i>Power Yoga</i> Asal	17:25 - 17:55 <i>P.I.I.T</i> Angela	18:00 - 18:55 <i>Kick Power</i> Nicole	19:00 - 19:55 <i>Pump</i> Sandra
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Mittwoch , 24.07

10:15 - 11:10 <i>Rückengymnastik</i> Nicola	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Katja
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Donnerstag , 25.07

09:30 - 10:25 <i>Pilates</i> Nicola	18:00 - 18:55 <i>Pump</i> Nicole	19:05 - 20:00 <i>Fitboxe</i> Nicole
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Freitag , 26.07

09:00 - 09:55 <i>Rückengymnastik</i> Nicola	10:00 - 10:55 <i>Yoga</i> Asal	12:05 - 13:00 <i>Pump</i> Katja	19:00 - 19:55 <i>Pilates</i> Nicola
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Samstag , 27.07

09:30 - 10:25 <i>Yoga</i> Nina

Sonntag , 28.07

09:30 - 10:25 <i>Pump</i> Sandra
